HOME-LEARNING TIMETABLE

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **9.00 – 30** | | **9.30**  **to**  **10.30**  **Session 1** | **Break** | **11.00**  **to**  **12.00**  **Session 2** | **12.00 –**  **1.15**  **Lunch** | **1.15**  **to**  **2.15**  **Session 4** | **2.15**  **to**  **3.15**  **Session 5** | |
| M **O**  **N**  **D**  **A**  **Y** | **JOE WICKS**  **HIIT SESSION** |  | |  |  |  |  |  | |
| **T**  **U**  **E**  **S**  **D**  **A**  **Y** | **JOE WICKS**  **HIIT SESSION** |  | |  |  |  |  | |  |
| W **E**  **D**  **N**  **E**  **S**  **D**  **A**  **Y** | **JOE WICKS**  **HIIT SESSION** | |  |  |  |  |  | |  |
| **T**  **H**  **U**  **R**  **S**  **D**  **A**  **Y** | **JOE WICKS**  **HIIT SESSION** | |  |  |  |  |  | |  |
| F **R**  **I**  **D**  **A**  **Y** | **JOE WICKS**  **HIIT SESSION** |  | |  |  |  |  |  | |