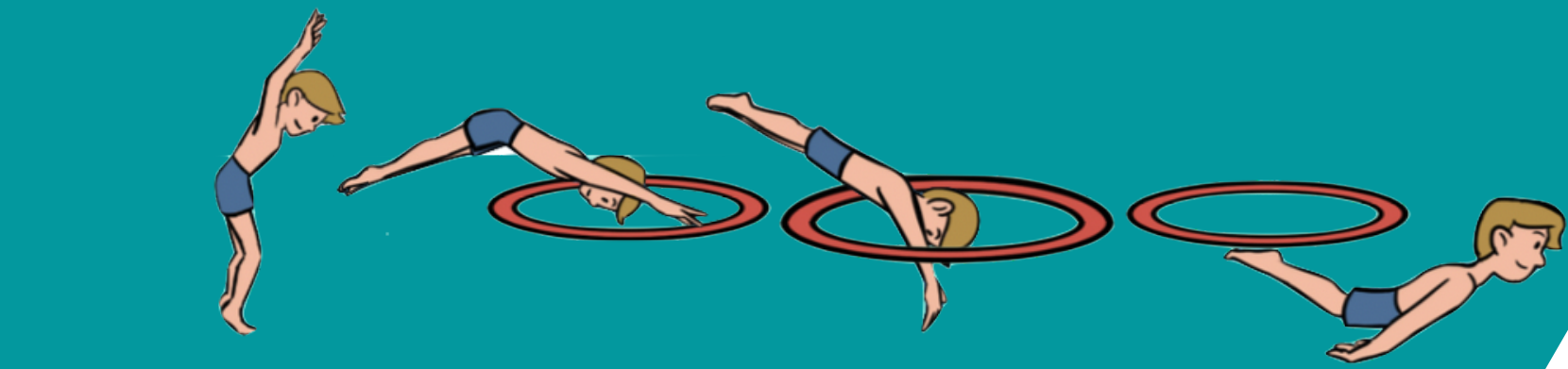


# Vocabulary Pyramid

## Swimming



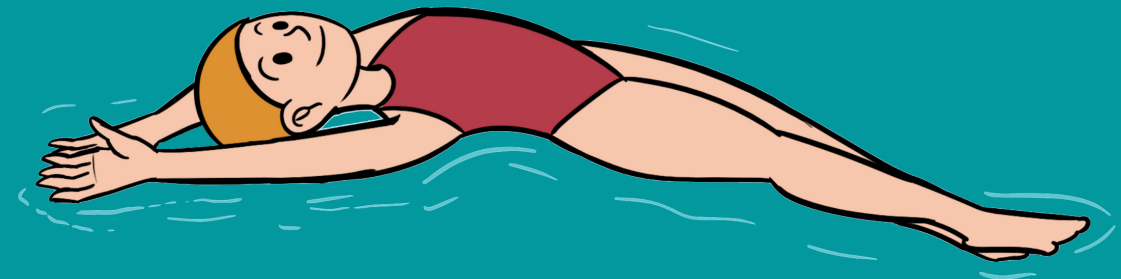
Year 1

Exit

Enter Front



Travel Rules

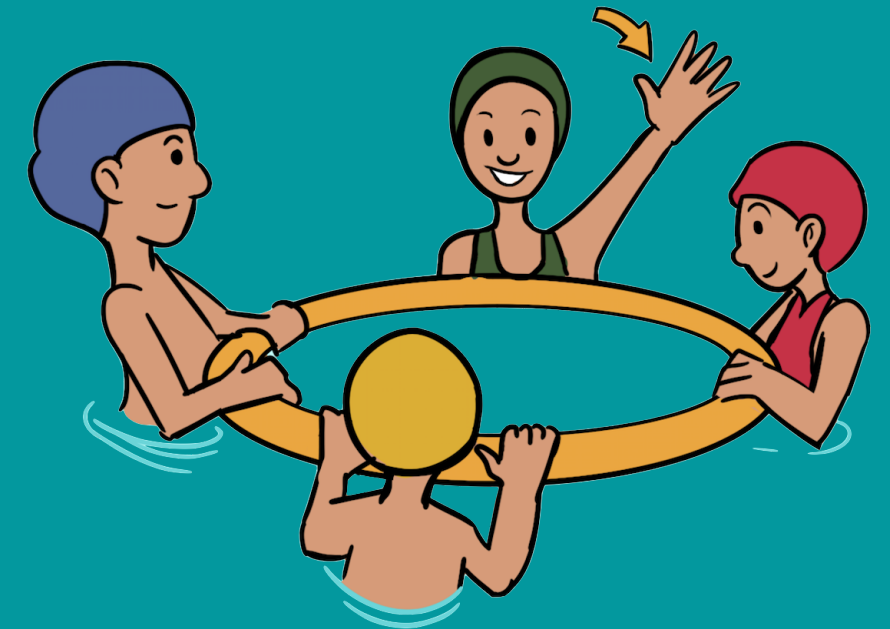


Safely Kicking Back

Year 2

Pulling Splash Unaided

Gliding Floating Breathing



Year 3

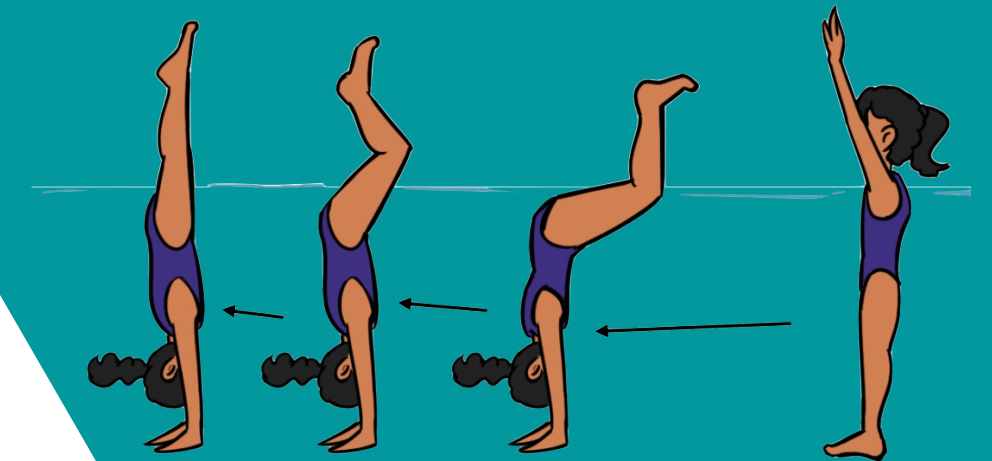
Sculling Crawl Breaststroke

Submersion Rotation Backstroke

Year 4

Stroke Huddle Alternate

Survival Treading water Buoyancy



Year 5

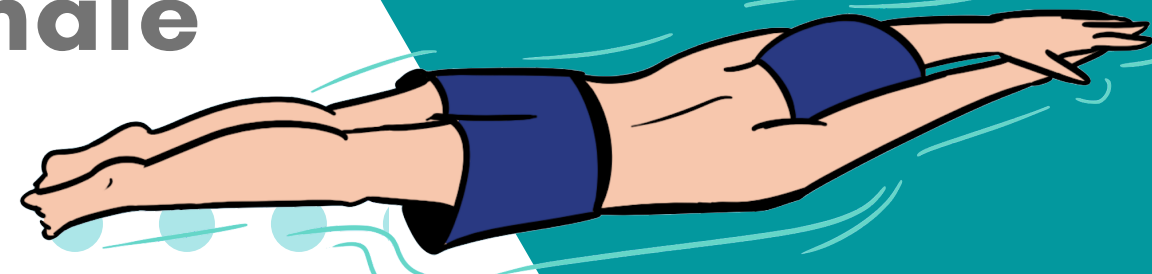
Exhale Flutter kick Surface

Somersault Personal Best

Inhale

Year 6

Endurance Propel Continuous



Streamline

Synchronised

Retrieve