

## PE Long Term Plan: 2023-24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters
	Introduction to PE Unit 1	Fundamental skills Unit 1	Gym Unit 1	Dance Unit 1	Games Unit 1 (*Mrs Furber in Nursery)	Ball Skills Unit 1 (*Mrs Furber in Nursery)
<b>Reception</b>	Introduction to PE Unit 1 (LF)	Introduction to PE Unit 2 (LF)	Dance Unit 1 (LF)	Dance Unit 2	Games Unit 1 (LF)	Games Unit 2
	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters	Physical Development through Development Matters
<b>Top-up PE</b>	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	<b>Forest School</b>	<b>Forest School</b>
<b>Year 1</b>	Fundamentals	Sending & Receiving	Gym (Stockport County/LF)	Team Building	Athletics (LF)	Target Games
	Ball Skills (LF)	Gym (LF)	Dance	Fitness (Stockport County/LF)	Striking & Fielding (Stockport County)	Invasion
<b>Top-up PE</b>	Smile-for-a-mile	Smile-for-a-mile	Athletic Fitness	Athletic Fitness	Athletic Fitness	Athletic Fitness
<b>Year 2</b>	Ball Skills (Stockport County)	Gym (Stockport County)	Fitness (Stockport County)	Sending & Receiving (Stockport County)	Athletics	Target Games
	Fundamentals Y2 Elm (LF) Y2 Oak (Class teacher)	Dance Y2 Elm (LF) Y2 Oak (Class teacher)	Yoga	Dance	Striking & Fielding Cricket- (Cheshire CB)	Invasion
<b>Top-up PE</b>	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile
<b>Year 3</b>	Football (Stockport County)	Tag Rugby (Stockport County)	Dance	Hockey (LF)	Tennis (Queensgate Tennis Club)	Rounders
	Forest School (External)	Forest School (External)	Gym (LF)	Ball Skills	Golf/Cricket	Athletics
<b>Top-up PE</b>	Smile-for-a-mile	Smile-for-a-mile	Athletic Fitness	Athletic Fitness	Smile-for-a-mile	Smile-for-a-mile
<b>Year 4</b>	Fundamentals	Gym	Fitness	Swimming	Swimming	Swimming
	Netball (LF)	Dance (LF)	Gym (LF)	Cricket	Athletics (LF)	Orienteering (LF)
<b>Top-up PE</b>	Smile-for-a-mile	Smile-for-a-mile	Athletic Fitness	Athletic Fitness	Smile-for-a-mile	Smile-for-a-mile
<b>Year 5</b>	Swimming	Swimming	Swimming	Y5 Cedar Athletic Fitness (LF)	Y5 Pine & Cedar Cricket (Cheshire CB)	Y5 Pine (Stockport County) Y5 Cedar OAA
				Y5 Pine Dance (LF)		
	Hockey Y5 Birch (LF) Y5 Ash (LF)	Dance Y5 Birch (LF) Y5 Ash (LF)	Y5 Pine (Stockport County) Gym  Y5 Cedar Gym	Y5 Cedar - Dodgeball  Y5 Pine Dodgeball (Stockport County)	Y5 Pine Athletics (Stockport County) Y5 Cedar Athletics	Y5 Pine & Y5 Cedar Lacrosse (Stockport Lacrosse)
<b>Year 6</b>	Lacrosse (Stockport Lacrosse)	Tag Rugby	Gym (LF)	Football	Cricket/Golf (Cheshire CB)	Rounders (LF)
	Handball (Stockport Handball)	Gym	Dance	Fitness (LF)	Athletics (LF)	Crown-Green Bowls (Queensgate BC) (Dodgeball)
<b>Top-up PE</b>	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile
<b>Class R</b>	Ball Skills Unit 1 (EYFS/Year 1/2) (Stockport CFC)	Ball Skills Unit 2 (EYFS/Year 1/2) (Stockport CFC)	Gymnastics Unit 1 (EYFS/Year 1/2) (Stockport CFC)	Fundamentals (EYFS/Year 1/2) (Stockport CFC)	Sending & Receiving (Year 1/2) (Stockport CFC)	Target Games (Year 1/2) (Stockport CFC)
	Class R children also join their classes for one session of PE where possible/appropriate. Ongoing throughout year: Kurling & Boccia					
<b>Top-up PE</b>	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile	Smile-for-a-mile

**\*'Top-up PE' = You must provide a minimum of 2 hours of PE every week. This should be a minimum of two PE sessions, and then, ideally, taking part in a daily 'Smile-for-a-mile'**