



Queensgate Primary School Child Friendly Anti-Bullying Policy



What is bullying?

- Bullying is when someone does something hurtful to another
- **Several Times On Purpose**
- There are many **types of bullying**
- It is not a **tease or a joke** and a trusted adult needs to know

Bullying is not:

- A fall out with a friend or an argument
- An accident
- Something that happens once

What should I do if I see someone else being bullied?

If you see someone being bullied, it is important that you **help them**

You should **never walk away** and **ignore it**

Talk to a trusted adult or a Restorative Ambassador. Tell the teacher on duty.

Speak To Other People

What to do if you are being bullied:

DO...

- Remember it is **NOT** your fault
 - Ask them to stop
 - Ignore them and walk away
 - Tell someone
 - Talk to a friend, a trusted adult or a Restorative Ambassador
- Speak To Other People**
- Use the check-in in your classroom to let your teacher know

DON'T...

- get angry or fight back – try **not to react**.
- Call it bullying if it is not
- Hide it or keep it to yourself
- Do as the bully says

*At Queensgate we will work together to **STOP** bullying.*

We want everyone to feel safe and happy. Bullying can make people feel frightened and unhappy.

Remember our **3Rs – be respectful, responsible and reflective**

Respect each other and celebrate each other's differences.

