

Autumn 1 Year 5	Autumn 2 Year 5	Spring 1 Year 5	Spring 2 Year 5	Summer 1 Year 5	Summer 2 Year 5
<p><b>Circles:</b> <b>Belonging</b> <i>What are the benefits of belonging to a group / community? What are your responsibilities towards...? How will our contribution benefit our school?</i></p>	<p><b>Circles:</b> <b>Friendship</b> <i>What are the signs of a good friendship? How should friends treat each other? What is collaboration? How does collaboration help our friendships and relationships?</i></p>	<p><b>Circles:</b> <b>Resilience</b> <i>How might someone feel if...? How might someone show that they are feeling this way? How can you show perseverance? Where can you get help with challenges?</i></p>	<p><b>Circles:</b> <b>Feelings</b> <i>What are values? Where do people's values come from? Why do we have rules? Who makes rules and laws?</i></p>	<p><b>Circles:</b> <b>Respect</b> <i>What are our rights and responsibilities in school and at home? How can we ensure that everyone's rights are respected and met?</i></p>	<p><b>Circles:</b> <b>Trust &amp; Empathy</b> <i>How do you know if someone is feeling a certain way? How can you respond to someone's feelings in a way that will help them? What is empathy?</i></p>
<p><b>Relationships:</b>  RSE: Feelings, Friendships &amp; Relationships – Feelings &amp; controlling own behaviour. <b>RSE Spiral Curriculum:</b> Feelings - Activities 7 &amp; 8   <b>FEELINGS AND EMOTIONS:</b> <b>Anger</b> - Understand what is healthy/unhealthy anger and how to debate (<b>1Decision – Anger</b>)</p>	<p><b>Relationships:</b>  RSE: Feelings, Friendships &amp; Relationships – Friendship qualities. <b>RSE Spiral Curriculum:</b> Activities 4 &amp; 5   <b>ANTI BULLYING:</b> <b>ABCD Curriculum – pg 52</b> <b>Anti-bullying week</b></p>	<p><b>Relationships:</b>  RSE: Celebrating Difference and Diversity- <b>Disability awareness</b></p>	<p><b>Relationships:</b>  RSE: Families &amp; Safety - exploring media information/role models. <b>RSE Spiral Curriculum:</b> Activity 13   LGBT – 'Frida Kahlo' Powerpoint (Role Model – an inspirational artist) Links with Art focus.   <b>ANTI BULLYING:</b> <b>ABCD Curriculum – pg70 &amp; 135</b></p>	<p><b>Relationships:</b>  RSE: Growing Up – Puberty &amp; Personal Hygiene. Confidentiality and understanding why ground rules are set.  Talking about puberty - <b>Teaching SRE with confidence Lesson 1-3</b>  <b>GROWING AND CHANGING:</b> <b>Puberty</b> - Understand what puberty is and understand the changes that girls and boys go through. Coping strategies <b>(1Decision – Puberty)</b></p>	<p><b>Relationships:</b>  RSE: Growing Up – Names &amp; functions of Body parts and how a baby is made. <b>RSE Spiral Curriculum:</b> Activities: 9, 10 and 11   <b>ANTI BULLYING:</b> <b>ABCD Curriculum – pg 89/114</b></p>
<p><b>Health &amp; Well-Being:</b>  <b>DATE:</b> Attitudes &amp; values in society – attitudes, beliefs &amp; stereotyping. <b>DATE peer pressure- activity 1</b>  <b>KEEPING/ STAYING SAFE: Peer Pressure</b> – Understand potential outcomes of taking risks. What is peer pressure and why do we give in to it? Develop coping strategies <b>(1Decision – Peer Pressure)</b></p>	<p><b>Health &amp; Well-Being:</b>  <b>DATE:</b> Legal &amp; illegal substances and drugs. <b>DATE legal and illegal- activity 5</b>  <b>KEEPING/ STAYING HEALTHY: Smoking</b> – Understand that nicotine is a drug and the risks related to smoking. How it can affect future health &amp; well being <b>(1Decision – Smoking)</b></p>	<p><b>Health &amp; Well-Being:</b>  <b>DATE:</b> Make own judgements &amp; decisions – resisting negative peer pressure. Risk taking and making own judgements. <b>DATE peer pressure- activity 2</b>  <b>Millie's Trust</b> – First Aid</p>	<p><b>Health &amp; Well-Being:</b>  <b>DATE:</b> Express own views &amp; respect others. <b>DATE - activity 3- diamond</b></p>	<p><b>Health &amp; Well-Being:</b>  <b>DATE:</b> Legal &amp; illegal substances &amp; their effects.</p>	<p><b>Health &amp; Well-Being:</b>  <b>DATE:</b> Alcohol units and basic first aid. <b>DATE- activity 7</b></p>

<p><b>Health &amp; Well-Being ctd...</b></p> <p><b>E SAFETY: Self Image and Identity (Project Evolve)</b> I can explain how identity online can be copied, modified or altered. • I can demonstrate responsible choices about my online identity, depending on context.</p> <p><b>ABCD Curriculum – pg 22</b></p>		<p><b>Health &amp; Well-Being ctd...</b></p> <p><b>E SAFETY: Online Reputation (Project Evolve)</b> I can search for information about an individual online and create a summary report of the information I find.</p>		<p><b>Health &amp; Well-Being ctd...</b></p> <p><b>E SAFETY: Health, Well-Being and Lifestyle (Project Evolve)</b> I can describe some strategies, tips or advice to promote healthy sleep with regards to technology.</p> <p><b>COMPUTER SAFETY:</b> Potential outcomes of sharing images online and creating rules to follow when doing so. Rules and laws for sharing images and how to overcome pressures <b>(1Decision – Image Sharing)</b></p>	
<p><b>Living In The Wider World:</b></p> <p><b>FINANCIAL CAPABILITY: My Money Primary Toolkit – Year 5, Unit 1</b> - Understanding My Money.</p>	<p><b>Living In The Wider World:</b></p> <p><b>BEING RESPONSIBLE: Looking Out For Others:</b> Learn how to speak out when someone is being unkind. Understand the importance of standing up to people who are not behaving in an appropriate way <b>(1Decision – Looking Out For Others)</b></p>	<p><b>Living In The Wider World:</b></p> <p><b>FINANCIAL CAPABILITY: My Money Primary Toolkit – Year 5, Units 2/3</b> - My Money Works/My Money Impact.</p>	<p><b>Living In The Wider World:</b></p> <p><b>BEING RESPONSIBLE: The Working World:</b> Understand the basics of saving money and identify how they can help at home <b>(1Decision – Enterprise)</b></p>	<p><b>Living In The Wider World:</b></p> <p><b>FINANCIAL CAPABILITY: Keeping your money safe-</b> Isle of Wight document</p>	<p><b>Living In The Wider World:</b></p> <p><b>BEING RESPONSIBLE: A World Without Judgement:</b> Discuss what makes us different and unique. Describe strategies to overcome barriers and promote diversity &amp; inclusion <b>(1Decision – Inclusion And Acceptance)</b></p>